## **HIV coinfection and HCC**

3<sup>rd</sup> APASL STC on HCC 21<sup>st</sup> -23<sup>rd</sup> Nov 2013 Cebu, Phillippines

#### **George KK Lau**

MBBS (HK), MRCP(UK), FHKCP, FHKAM (GI), MD(HK), FRCP (Edin, Lond)

Consultant, Humanity and Health GI and Liver Centre, 9 Queen's Road Central, Central, HKSAR, CHINA Chair Professor in Clinical Hepatology and Co-director, The Institute of Translational Hepatology, Beijing 302 Hospital, Beijing, CHINA

Email: gkklau@netvigator.com



#### Increasing burden of HCC in HIV-infected patients

#### **Risk factors**

#### **Clinical approaches**

Increasing burden of end-stage complications of liver disease in HIVinfected patients

## Cirrhosis and HCC in HIV patients

- Leading causes of death among HIV patients
- In countries where widespread introduction of highly active antiretroviral treatment (HAART) since 1996 led to a dramatic reduction in deaths due to HIV

### Evolving epidemic of HCV-related cirrhosis and HCC in HIV-infected patients

- France
  - 2% in 1995 to 17% in 2005
    - Rosenthal E et al HIV Med 2009;10:282-289.
- Europe, the United States, and Australia

Data Collection on Adverse events of Anti-HIV Drugs (D:A:D) study

- 14.5% in 1999-2004
  - Weber R et al. Arch Intern Med 2006;166: 1632-1641.

- Swiss
  - 18% (including 3% from HCC) 2005-2009
    - Ruppik M et al. CROI 8, 2012.

### Liver diseases in HIV patients

- Cirrhosis: 2%
- Decompensated liver disease: 1%
- HCC: 0.3%
- HCV: 28%
- HBV: 11%

#### **Epidemiology of HIV and Liver Diseases**

- High morbidity and mortality
  - In the U.S. general population, cirrhosis accounts for 40,000 deaths per year and for the loss of more than 228,000 years of potential life.
- As HIV patients with access to ART survive longer, comorbidities such as chronic liver disease have become leading causes of illness and death.
  - ESLD is now a leading cause of death in patients with HIV/HCV or HIV/HBV coinfection
- HIV infection accelerates progression of liver disease associated with HCV or HBV
- Other factors that cause more severe liver disease
  - Alcohol misuse, drug-associated hepatotoxicity, male gender, and fatty liver (steatosis), are also more common in the HIV-infected population

#### Prevalence of viral hepatitis among HIVinfected individuals in the United States

30-40% coinfected with HCV

- 9-27% of heterosexuals
- 1-12% of men who have sex with men
- 72-95% of injection drug users
- 31% of veterans

6-14% coinfected with HBV

- 4-6% of heterosexuals
- 9-17% of men who have sex with men
- 7-10% of injection drug users
- 14% of veterans

## Why increase HCC in HIV patients?

- Potent ART prolonged survival of HIV-infected individuals to allow HCC, a late complication of cirrhosis, to emerge in patients with known risk factors for HCC
  - El-SeragHB et al. N Engl J Med2011;365:1118–27.
- In vitro and animal studies have suggested that HIV may play a role in viral hepatitis and alcohol-induced hepatocarcinogenesis mediated via the Tat protein
  - Altavilla G et al. Am J Pathol 2000; 157:1081–9.
- Only modest SVR with HCV treatment with IFN/R (12%) and PR (40%)
- Improved management of liver cirrhosis by clinicians attending HIV-infected patients lead to a better management and prevention of other liver decompensations, resulting in longer survival of HIV-infected patients with cirrhosis, which enables HCC to develop

#### **Risk factors**

#### **Risk factors**

- HCV infection
- HBV infection
- Age
- Low CD4 cell count

#### Trends in the prevalence of (A) cirrhosis, (B) decompensated cirrhosis, (C) HCC, and (D) mortality in HIV-infected veterans during 1996-2009 presented according to HCV status



**Ioannou** GN et al. Hepatology 2013;57(1):249-57.

## HIV-1, hepatitis B virus, and risk of liverrelated mortality in the Multicenter Cohort Study (MACS)

- Liver-related mortality rate
  - 1.1/1000 person years
  - HIV-1+ and HBsAg+ (14·2/1000) Vs HIV-1+ (1·7/1000, p<0·001) or only HBsAg+ (0·8/1000, p<0·001).</li>
- In coinfected individuals, the liver-related mortality rate was highest with lower nadir CD4+ cell counts and was twice as high after 1996, when highly active antiretroviral therapy (HAART) was introduced.

# Influence of HIV-related immunodeficiency on the risk of HCC

- A case-control study nested in the Swiss HIV Cohort Study
  - 26 HCC patients were identified and were individually matched to 251 controls according to Swiss HIV Cohort Study centre, sex, HIV-transmission category, age and year at enrollment
- All HCC patients were positive for HBsAg + or anti-HCV+
- HAART was not significantly associated with HCC risk
- Lower CD4+ cell counts
  - increased the risk for HCC
  - particularly evident for HBV-related HCC arising in non-injecting drug users

<u>Clifford GM</u> et al. , <u>AIDS.</u> 2008;22(16):2135-41.

#### The release of cytolytic molecules by CD4+ CTLs was decreased in HCC patients



Fu J, et al. Hepatology. 2013;58(1):139-49.

#### **Clinical approaches**

# Clinical presentation and prognosis of hepatocellular carcinoma in HIV

- Clinical features
  - Younger
  - Symptomatic
  - Advanced tumor stages
  - Median survival -7 months
    - » Sulkowski M. J Hepatol 2009; 50:655–658.
- Survival was similar to HIV-uninfected patients among those who underwent potentially curative treatment.
  - » Garlassi E et al. Infection 2010; 38 (Suppl I):82–182.

# Screening for hepatocellular carcinoma in persons living with HIV

- No definitive data are available for the cost effectiveness of screening for HCC in patients with HIV infection and cirrhosis
- HCC diagnosed at screening had a better survival and screening is feasible in PLHIV and cirrhosis
  - Joshi D et al. Lancet 2011; 377:1198–1209.
- European guidelines recommend 6-monthly liver ultrasound and serum alphafetoprotein testing in HIV-infected patients with HCV-related cirrhosis
  - Rockstroh JK et al. HIV Med 2008; 9:82–88.
- Recent availability of validated, accurate, and sensitive noninvasive methods, such as blood tests and transient elastometry, allows physician caring for PLHIV to easily identify those with HCV-induced cirrhosis
  - Kelleher TB, Afdhal N. J Hepatol 2006; 44 (1 Suppl):S126–S131.

## Treatment of hepatocellular carcinoma in persons living with HIV

 The management and treatment of HCC in HIV patients is the same as that of patients without HIV

 Aggressive treatment strategy (usage of potentially curative treatment and treatment of recurrences) is associated with increased survival

> Garlassi E, Ventura P, Beretta M, et al. Hepatocellular carcinoma in HIV infected patients: check early, treat hard. Infection 2010; 38 (Suppl I):82–182.

#### Treatment of hepatocellular carcinoma in persons living with HIV

- Sorafenib, bevacizumab
  - Limited data
    - Perboni G et al. Oncologist 2010; 15:142 145.
    - Baraboutis IG et al. Eur J Gastroenterol Hepatol 2008; 20:472–473.
- Liver transplantation

1.

- especially on HCV viral cirrhosis, was reported to be worse than in non-HIV-infected patients, in terms of both HCV recurrence and HCC recurrence
  - Vibert E et al. Hepatology 2011; 53:475–482.

## Prevention of hepatocellular carcinoma in persons living with HIV

- Both anti-HIV and anti-HCV therapy may have a role for the prevention of HCC
- Role of anti-HIV therapy
  - The Swiss HIV cohort was investigated in order to assess whether HIV-related immunodeficiency was a risk factor for HCC
  - Latest CD4 cell count were significantly associated with HCC
  - Highly active antiretroviral therapy use was not significantly associated with HCC risk

– Clifford GM et al. AIDS 2008; 22:2135–2141

#### Role of anti-HCV therapy

- SVR
  - standard IFN/ ribavirin (12%) and pegIFN/ribavirin(40%)
  - associated with a lower incidence of HCC even after adjusting for other variables such as disease stage
    - Berenguer J et al. Hepatology 2009; 50:407–413.
- Anti-HCV DAAs
  - − ↑ SVR rates in coinfected patients
  - concern on drug drug interactions, tolerability, and HCV drug resistance
  - use limited in HIV-infected patients with comorbid psychiatric disease and anemia
    - <u>Sulkowski M et al.</u> Lancet Infect Dis. 2013;13(7):597-605.

Boceprevir versus placebo with pegylated interferon alfa-2b and ribavirin for treatment of HCV genotype 1 in patients with HIV: a randomised, double-blind, controlled phase 2 trial

	PR 48	PR4 <b>→</b> PR/BOC44	
SVR	10/34(29%)	40/64(63%)	P=0.0008
Adverse events			
Anaemia	9 (26%)	26 (41%)	
Pyrexia	7 (21%)	23 (36%)	
Decreased appetite	6(18%)	22 (34%)	
Dysgeusis	5 (15%)	18 (28%)	
Neutropenia	2(6%)	12 (19%)	

 Non-nucleoside reverse-transcriptase inhibitors, zidovudine, and didanosine were not permitted.

Sulkowski M et al. Lancet Infect Dis. 2013;13(7):597-605.

## Virological response rates for telaprevirbased HCV triple therapy in patients with and without HIV coinfection

- 33 coinfected Vs 116 monoinfected patients
- SVR12 rates were 60.6% in coinfected patients vs. 42.2% in monoinfected patients (P = 0.06).
- Telaprevir-based triple therapy is a promising option for coinfected patients with well-controlled HIV infection

#### Conclusions

- Hepatocellular carcinoma (HCC)
  - Rising dramatically among HIV-infected patients, particularly those coinfected with HCV
  - Likely to constitute some of the most important clinical problems for HIV-infected patients and their physicians during the decade 2010-2020
  - Treatment or prevention of the modifiable risk factors especially HCV and HBV coinfection, may ameliorate the burden of cirrhosis and HCC and reverse their upward trends